

# WELCOME TO THE SENIOR EXPERIENCE



*CMF*

CAPTURE ME PHOTOGRAPHY BY CHANDRA

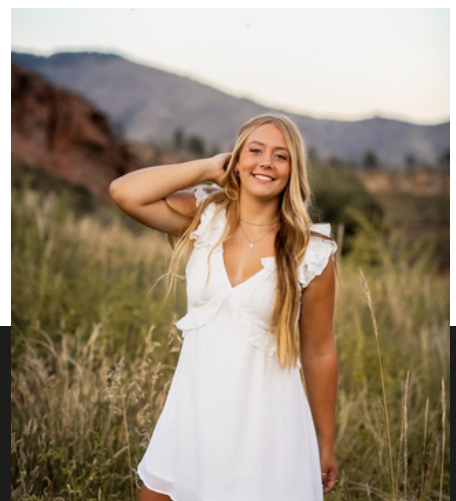


# MEET CHANDRA

## A LITTLE ABOUT ME AND EVERYTHING YOU'LL FIND INSIDE THIS GUIDE

Hi, I'm Chandra, the photographer behind Capture Me Photography. I'm a Colorado native and have specialized in high school seniors for over 10 years. I'm married to my high school sweetheart, and together we've raised two daughters, which means I understand both the senior girl excitement and the mom daughter dynamic of this season a little better than most. As recent empty nesters, I know just how quickly these years fly by, and I love creating an experience that feels fun, easy, and memorable. Inside this guide, you'll find everything you need to feel prepared and excited for your session, from what to wear and how to choose the right location to what to expect before, during, and after your senior portrait experience.

# NATURE LOCATIONS



THERE ARE MANY BEAUTIFUL NATURAL LOCATIONS TO CHOOSE FROM DEPENDING ON THE OVERALL LOOK YOU WANT FOR YOUR SESSION. TOGETHER, WE'LL CHOOSE THE BEST FIT, BUT KEEP IN MIND, IT'S NOT ALWAYS ABOUT THE LOCATION. THE BEST IMAGES ALWAYS COME DOWN TO BEAUTIFUL LIGHT.

# URBAN LOCATIONS



URBAN LOCATIONS ADD TEXTURE, COLOR, AND VARIETY TO YOUR SESSION. WITH INTERESTING WALLS, ARCHITECTURE, AND UNIQUE SPOTS TO LEAN AGAINST OR SIT ON, THEY CREATE A MORE MODERN LOOK WITH LOTS OF PERSONALITY. MANY SENIORS LOVE COMBINING BOTH NATURE AND URBAN LOCATIONS FOR THE BEST OF BOTH WORLDS AND A WIDER VARIETY OF IMAGES.

# MOUNTAIN LOCATIONS



IF YOU'RE LOOKING FOR THOSE BIG WOW IMAGES WITH MAJESTIC MOUNTAIN VIEWS AS YOUR BACKDROP, LIKE ROCKY MOUNTAIN NATIONAL PARK, A MOUNTAIN SESSION MAY BE THE PERFECT FIT. PLEASE KEEP IN MIND THAT MOUNTAIN SESSIONS DO INCLUDE ADDITIONAL FEES DUE TO TRAVEL AND PERMITS, AND THEY REQUIRE A LITTLE MORE FLEXIBILITY AND PLANNING BECAUSE OF WEATHER. THESE SESSIONS ARE TYPICALLY OFFERED FROM LATE JUNE THROUGH EARLY SEPTEMBER, DEPENDING ON CONDITIONS.

# SENIOR OUTFIT SUGGESTIONS

## **TIP 1: WEAR WHAT FEELS LIKE YOU**

The best outfits are the ones that feel natural, comfortable, and true to your style, not something you're trying too hard to pull off. Choose pieces that fit well and allow you to move easily without constantly tugging or adjusting. I also recommend avoiding short shorts or very short skirts, since they can make posing and sitting a little tricky. It may even be something you already have in your closet that you love. If you don't feel like yourself in it, leave it at home.

## **TIP 2: CHOOSE 2-4 OUTFITS WITH VARIETY**

I recommend no less than 2 and no more than 4 outfits for your session.

- one casual look
- one more elevated look (dressy)
- 1-2 outfits that feel the most like you

## **TIP 3: ACCESSORIZE**

Hats, boots, jackets, and jewelry can add personality and variety to your senior photos. Bring a few pieces that complement your outfits and feel like you. If you have a special piece of jewelry from a family member or something meaningful, this is such a beautiful time to wear it.

## **TIP 4: COLORS & PATTERNS**

Avoid busy patterns, thin strips, logos & busy graphics. Concentrate on a base of natural and linen fabrics, if possible. Anything too shiny or too sparkly will not photograph well. Earth tones as well as jewel tones photograph wonderfully!

As for **WHITE**: Whether it's a dress, a top, or a button-down, avoid bright true white. Instead, choose a soft off-white or slight cream.

True whites can photograph blue or purple and make skin look too bright. Softer tones are always more flattering.

## **TIP 5: WEAR THE RIGHT UNDERGARMENTS**

The right undergarments matter more than you think. Make sure bra straps and underwear stay hidden, especially with lighter or more fitted outfits. Nude, seamless options are usually the safest choice.

# COLOR PALETTES

NEUTRALS ARE ALWAYS A GREAT OPTION, AS WELL AS A STARTING POINT. NEUTRALS LOOK BEST WITH POPS OF COLOR! EACH HORIZONTAL GROUPING BELOW SHOWS COORDINATING COLOR OPTIONS.



# GIRLS INSPIRATION...



[More Ladies What To Wear HERE](#)



# ACCESSORIES:

## IT'S ALL IN THE DETAILS!

**I work alongside incredibly talented hair/makeup artists if you need a recommendation!**

Choose accessories that make your look complete. Make it a statement or keep it simple with delicate pieces. Dangling earrings, gold draping necklaces, bracelets, rings, etc!

### EARRINGS



### NECKLACES



#### FAVORITE JEWELRY BRANDS

[INK AND ALLOY](#)  
[ALTARD STATE](#)  
[KENDRA SCOTT](#)  
[UNCOMMON JAMES](#)  
[SCHEELS](#)  
[AMAZON](#)

### RINGS



REMINDER:  
DON'T FORGET YOUR  
CLASS RING, IF YOU  
HAVE ONE OR WANT IT  
IN A FEW PHOTOS!

# GUYS INSPIRATION...



[More Guys What To Wear HERE](#)

# SHOPPING SUGGESTIONS

## FOR THE GUYS...

AMERICAN EAGLE  
AMAZON  
BANANA REPUBLIC  
ABERCROMBIE  
EXPRESS  
LL BEAN  
H&M  
EDDIE BAUER  
TARGET

## FOR THE GIRLS...

SHEIN  
AMAZON  
ABERCROMBIE  
ALTAR'D STATE  
LULU'S  
H&M  
FREE PEOPLE  
TARGET

## START IN YOUR CLOSET

Not every outfit for your senior session needs to be brand new. I always recommend starting in your own closet and choosing pieces you already love and feel confident in. A favorite outfit that fits well and makes you feel amazing is often the best place to start.

## SIMPLICITY

Avoid logos or anything too trendy. The Classics never go out of style! When in doubt, stick with neutrals as they will match any home decor.

## LAYERS

Layer, Layer Layer! Jackets, cardigans, and even vests add in a touch of depth for guys.

# WHAT TO BRING TO YOUR SESSION



Props, hobbies, and the things you love can be a great way to add personality and make your senior session feel even more personal. Whether it's flowers, sports, instruments, a Letterman jacket, or something meaningful to this season of life, these details can help tell your story in a way that feels unique and intentional. The goal is not to overdo it, but to thoughtfully incorporate a few special touches that make your images feel distinctly yours. Let's talk through your ideas ahead of time so we can plan something creative, cohesive, and beautifully styled.



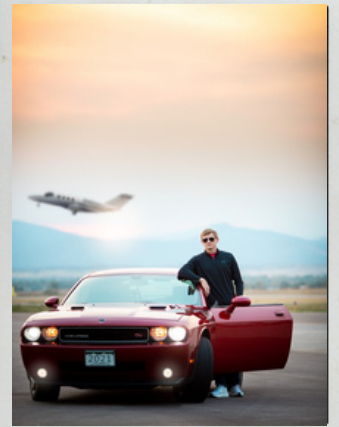
Chair



Pets



Your hobbies



Your Ride



Music



Your Sport



Interests



Letterman

# WHAT TO EXPECT

## WEATHER

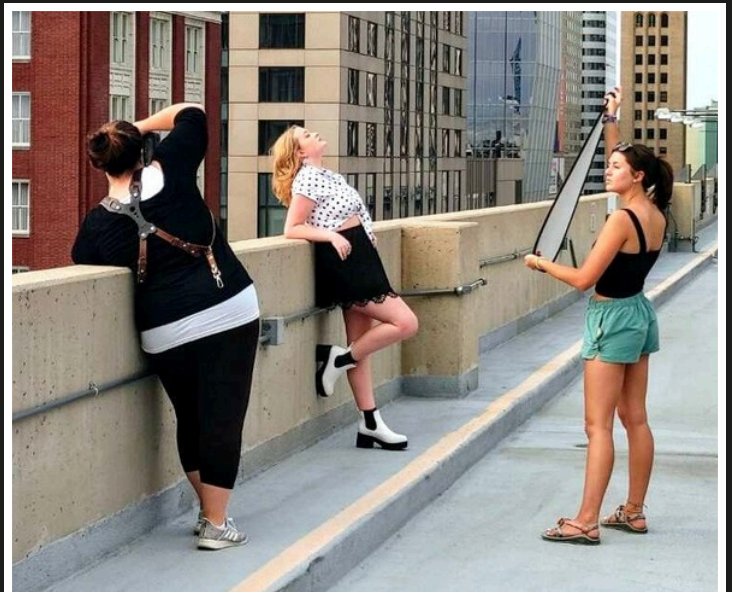
The forecast is closely monitored leading up to your session. If the weather isn't cooperating, we'll make a plan together and move to a backup or reschedule date if needed. Any decision to reschedule will be made before you head to your makeup appointment whenever possible.

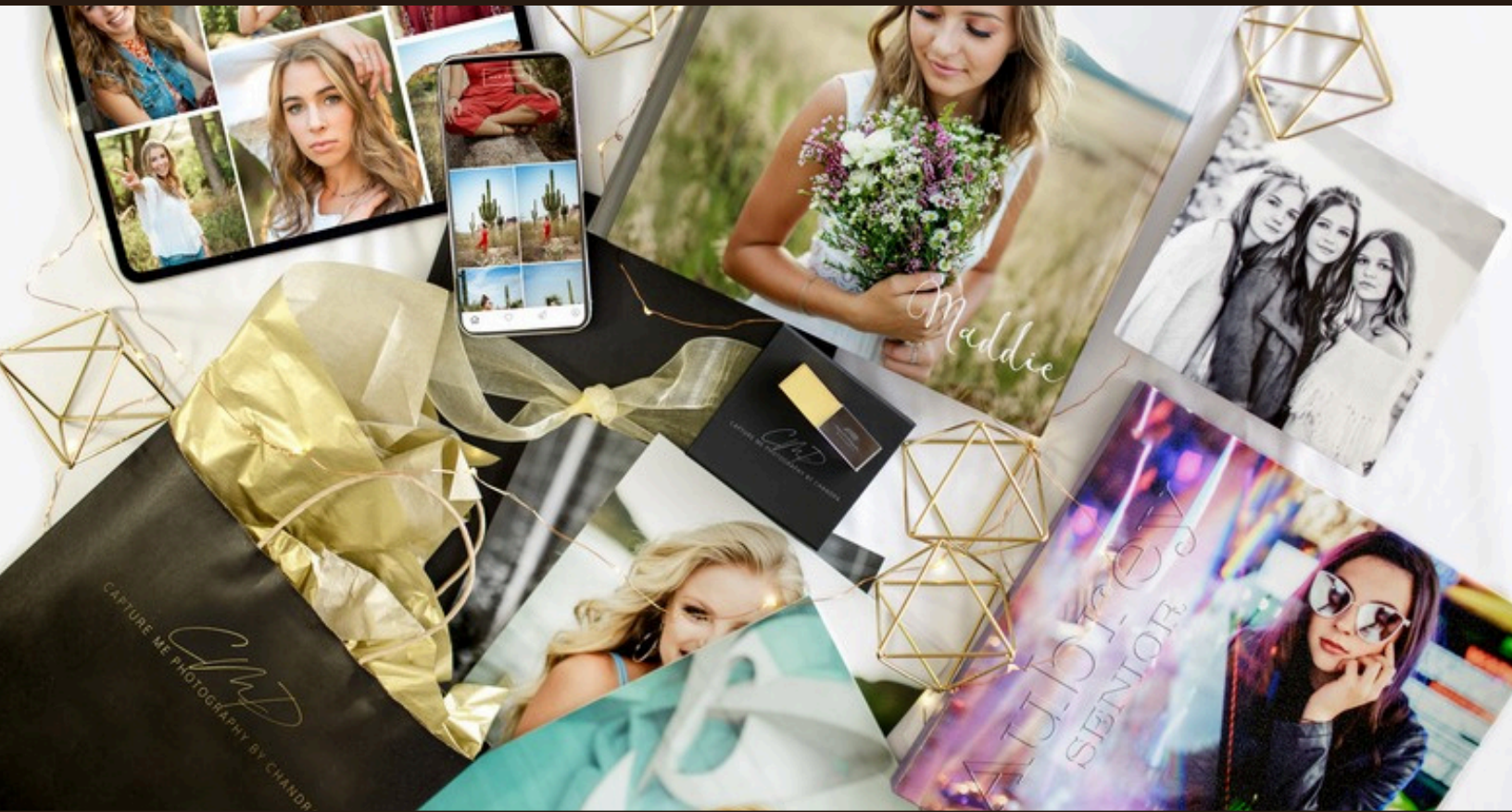
## POSING

This is not like your parents' cheesy senior photo session (sorry mom). No awkward poses, no forced smiles, and nothing that feels stiff or unnatural. You'll be guided every step of the way, but the best sessions happen when you show up ready to have fun. Bring a great attitude, a little "let's do this" energy, and everything else will fall into place.

## NOTE TO PARENTS

Parents are always welcome and are such a special part of this season. Moms, especially, are often the behind the scenes MVPs helping with outfits, details, and encouragement, and that support means so much. Seniors do tend to relax a little more when they have some room to settle in, so during parts of the session, I may gently encourage parents to hang back just a bit so everything feels natural and easy. Of course, there are always moments where I'll pull parents back in for a quick opinion, outfit help, or a little extra hype.



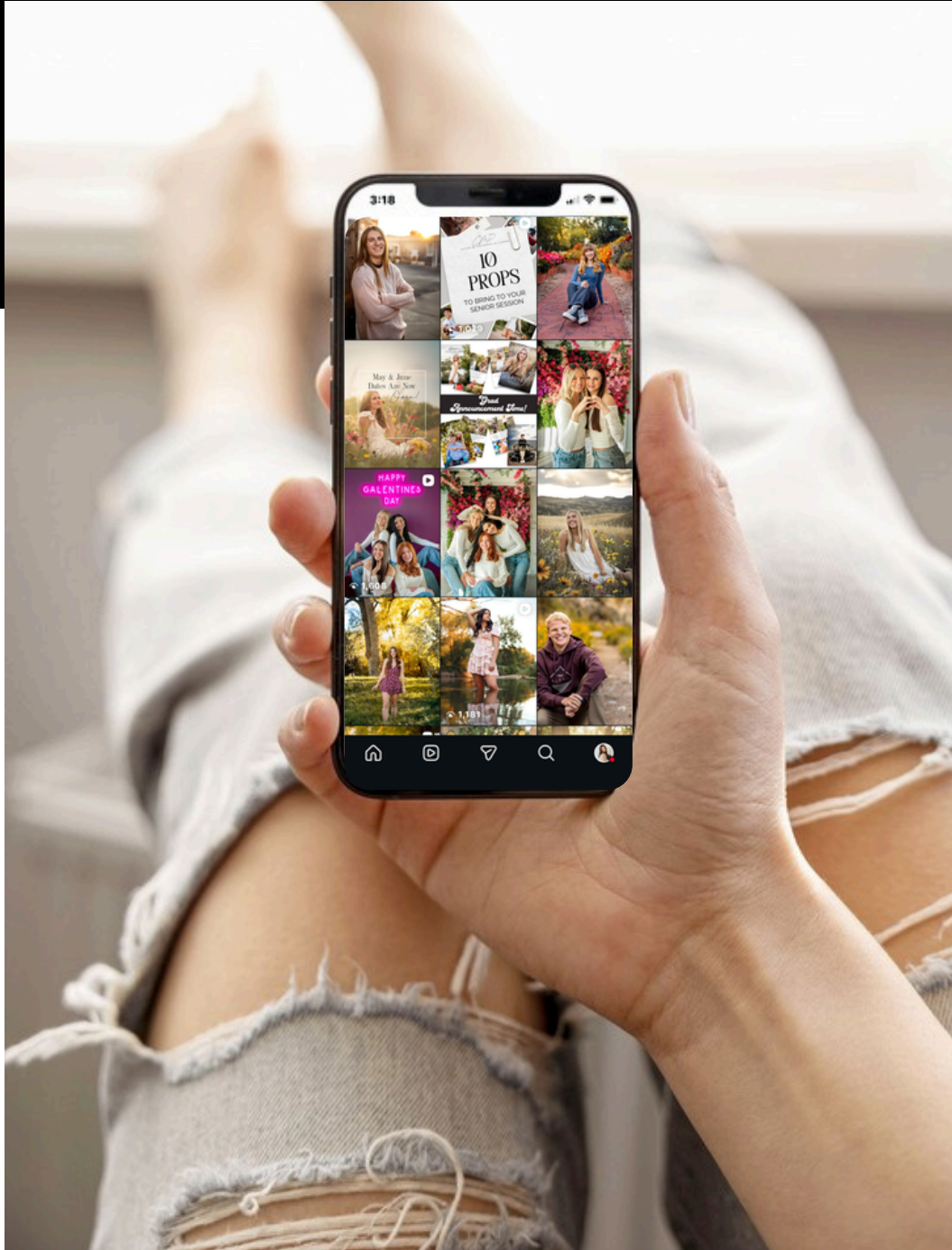


# WHAT HAPPENS AFTER YOUR PHOTO SESSION

## REVEAL & ORDERING APPOINTMENT

About a week after your session, it's time for your reveal and ordering appointment, and this is where things get really exciting. This is when you'll see your images for the very first time, displayed on a large viewing screen and set to music for the full experience. It's such a fun moment seeing everything come to life and getting to relive your session in a whole new way. From there, we'll take our time going through your gallery together, selecting your favorite images and narrowing down the ones you love most. You'll also get to see beautiful keepsake and product options in person, making it easy to choose how you'd like to preserve and showcase this season. Once your order is placed, product delivery is typically around four weeks. For many seniors and parents, this ends up being one of the most memorable parts of the entire experience. **Your session day will be here before you know it, and I can't wait. Let's do this!**

# Do You Want To Be Featured ON THE GRAM



FOLLOW

